

## **DOT Medical Clearance: PERCUTANEOUS CORONARY INTERVENTION**

# **DOT Physical Exam Medical Clearance**

**Patient** \_\_\_\_\_

**Date** \_\_\_\_\_

**DOB** \_\_\_\_\_

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **PCI**:

### **FMCSA GUIDELINES FOR HISTORY OF PERCUTANEOUS CORONARY INTERVENTION**

- Minimum 1 week waiting period post PCI
- Driver is asymptomatic and tolerates medications without adverse effect
- Vascular access site has completely healed without complication
- Has a satisfactory ETT performed no less frequently than every other year: Driver achieves > 6 METS Bruce Protocol Stage II or equivalent, attains  $\geq 85\%$  target heart rate (unless on beta blockers),  $\geq 20$ mm rise in systolic BP without angina, no significant ST segment depression.

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on tire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.

## **DOT Medical Clearance: PERCUTANEOUS CORONARY INTERVENTION**

If the driver **meets** the above requirements and your recommendation is that the driver can operate a CMV safely, please sign and date below.

\_\_\_\_\_  
**Provider's Signature**

\_\_\_\_\_  
**Date**

If the driver **does not meet** the above requirements and your recommendation is that the driver **cannot** operate a CMV safely, please sign and date below.

\_\_\_\_\_  
**Provider's Signature**

\_\_\_\_\_  
**Date**

If the driver **does not meet** the above requirements **and it is your opinion that the driver should be allowed** to drive a commercial vehicle, DOT medical examiners may use discretion if there is sufficient medical reasoning for why the guidelines should not be followed. Should this be the case, please identify in the area below which guideline is not met, and the medical reason the driver is safe to drive.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
**Provider's Signature**

\_\_\_\_\_  
**Date**

**PRINT PROVIDER'S NAME** \_\_\_\_\_

Address (City, State, Zip): \_\_\_\_\_

**Please return this letter to our office by fax or email to:**

Dr. Windy D. Heyn, D.C. / Fax: 802-372-5881 / Phone: 802-372-5800 / [lighthousechiropracticvt@gmail.com](mailto:lighthousechiropracticvt@gmail.com)

**Thank you for your assistance.**